

You may have a physical problem your PCP cannot trace to bacteria. You may suffer from painfully contracted muscles in the back of your neck. Severe headaches may torment you. Sleeplessness may abound. Perhaps chest pains convince you that you have some defect with your heart. You may be distressed with nausea or deep sharp dagger like irritation across the abdomen. Your condition is no mystery. It has been known and explained for a long time.

More than likely there is a book near that can bring you relief. It is the Bible! Christianity conscientiously applied to the emotional tension problems of today and our era, offers a complete and satisfactory solution to the disease symptoms which they so often produce. Has your PCP prescribed the Bible to you? He should it offers healing.

My father-in-law relied on the all purpose remedy baking soda. My mind's ear can hear him saying "I need me a little sody water." That was not always a good choice.

Today we know man is not a machine. There is more to him than a clever complex of atoms and molecules. I have learned to give credit to the anointing some have to repair the body through the very best known applications of surgery or medicine. We've come a long way. Yet all our troubles cannot be reduced to experiments on white rats in the lab.

We are more than animal. We have personality. We are on our way. We are going somewhere. We have choices. Those choices involve pressures. Pressures reveal themselves physically. They are not imaginary. They will not yield to unlicensed romp or whirligig.

You will enjoy peace and emotional coordination when you are in line with God's will for your life. A first cousin to Jesus, disciple, apostle, and elder in the church of God that Jesus Christ built writes; Beloved, I pray that in all things thou mayest prosper and be in health, even as

thy soul prospereth (III John 1:2 ASV). We are people with mental, emotional and physical reactions, made in the likeness and image of God. We are built for eternity. That is why all of our troubles cannot be reduced to experiments. But, we have an operators manual that relies upon physical and spiritual law.

We are a stiffnecked people choosing not to obey instructions. There is an adversary influencing our decisions. Physical disease has become a condition of the soul. It need not be. Tell God about it! That is what prayer does. That is why there is a Calvary and a Savior. Turn to your Bible! Read with me; Cast thy burden upon Jehovah, and He will sustain thee: He will never suffer the righteous to be moved (Psalm 55:22 ASV). Come unto me, all ye that labor and are heavy laden, and I will give you rest (Matthew 11:28 ASV). Rely on these. Heartbeat and health will return to normal.

When I was a young man the thought never entered my mind that as an old man I may not be able to walk, talk or work. I could not imagine such. No one plans to become ill. They don't invite disease.

Today my understanding has broadened because Jehovah taught one of the best known preachers of all time the desire of his eyes could be taken away by a stroke of God. Along with thousands of other Hebrew exiles Ezekiel and his wife were living in Babylon under protective custody of Nebuchadnezzar. She was his reason for living and working. She was the sun in his sky. Two are better than one, because they have a good reward for their labor. For if they fall, the one will lift up his fellow; but woe to him that is alone when he falleth, and hath not another to lift him up. Again, if two lie together, then they have warmth; but how can one be warm alone? And if a man prevail against him that is alone, two shall withstand him; and a threefold cord is not quickly broken (Ecclesiastes 4: 9-12 ASV). Suddenly she was gone. It can happen to anyone on earth. I know.

The lesson for Ezekiel, me and everyone reading this message is no man has power over the spirit to retain the spirit; neither has he power over the day of death (Ecclesiastes 8: 8 ASV). The great business of life is to prepare for death. Nothing can happen more quickly. God is still in the world, guiding the destinies of men and nations aright in accordance with His wise and beneficent laws, changing evil to good, and bringing mankind steadily forward upon the path of truth and progress, which leads to the goal of human existence which He has appointed.

God in His mercy warns us from time to time. He severs one mooring after another. This is God's right. He gave them. He has the vested power to remove them. Is it not lawful for Me to do what I will with mine own? or is thine eye evil, because I am good (Matthew 20: 15 ASV)? The things in life that become "the desire of our eyes" vanish until we look beyond.

Do not quarrel with God! Be at peace with Him. God does not make a mistake in His schedule for your life. He giveth and taketh. Learn to thank Him for one as you do for the other. Godliness with contentment is great gain: for we brought nothing into the world, for neither can we carry anything out; but having food and covering we shall be therewith content (I Timothy 6: 6-8 ASV). Eternity is the big world and all road signs point in that direction.