## Volume 6 Chronicle 2018022501 Iniquity Addiction

Sin is not to master me. I am to master it. This is a picture of every life. Just like Israel in Egypt. They were in bondage. The sinner is a slave. They have nothing. Their lives are not their own. Palestine was to be theirs. I have the promise of eternity! Paul teaches we are to become new men in Christ, purge out the old leaven, that you may be a new lump (I Corinthians 5:7 KJV).

Iniquity is the sin of someone having influence in your life, presently. Sin is missing the mark; as an archer misses the bullseye. A trespass occurs when someone comes too close to the line and crosses it. Repent means to change direction. It is important that Christians understand these words and realize the difference between them.

In 2004 I learned that I had high blood pressure. A doctor prescribed pills to reduce my numbers from the190 over 120 range. I took the medicine and it lowered my numbers a bit. At that time I had a business that required me to work 12 to 16 hours every day, and to travel. The medicine caused drowsiness which interfered with my business responsibilities and I discontinued using the pills. My diet was rich in calories and very unhealthy. My poor choices caught up with me in June of 2014. I suffered a stroke. I called for an elder who prayed the prayer of faith with me laying on hands. Many in the neighborhood assembled in our front yard praying for mercy and healing. The day after all symptoms were gone. My lifestyle changed some for the better, but not enough. A second warning was manifest in January 2018. That warning has been Heard, Understood and Acknowledged, HUA! I have been given another chance and have platform to teach others what I failed to learn. Hearken to these words!

My wife and I were born into families with a rural heritage. Both of my parents lived with and were raised by grandparents. Mother's "Pop" worked on the railroad and owned a house in town. Dad's "Papaw" was a farmer. Mom and Dad grew up in families that had chickens, cows, pigs and gardens. They had enough to eat. Meat was salted to preserve it. Most of their meals included meat, bread, and potatoes. Many meals were prepared in cast iron skillets used to fry the food in lard. Hot bread was prepared for every meal. My bride's mom and dad lived with her granddaddy and granny, her fathers folk. They were farmers and had chickens, cows, pigs and gardens. They cooked in a cast iron skillet, frying everything in lard. Meat, bread and potatoes were typical fare.

When my bride and I married we set up house and carried on the family traditions, cooking in cast iron skillets frying bacon, sausage, ham, chicken and most every piece of meat we ate. My bride has a real talent for baking and seldom did we not have hot bread and something sweet at mealtime. We raised two sons teaching them to enjoy our diet.

Now I know how far I missed the mark. I passed my sin on to my sons. They have almost forty years of my missing the mark in training them incorrectly. I hope when they read this message, they can understand I am confessing my sins to them to prevent them from suffering the afflictions I have, along with their granny, paw, and numerous other folk in my bride's and my families.

I asked my bride to share the responsibility of breaking this curse of iniquity, where the sins of the father are visited upon the children. She is making every effort to help us comply with a 2,000 mg daily sodium allowance.

Her first offensive tactic was to look in our cupboards and remove any foods with excessive sodium values per serving. These items we no longer invite to our table: canned chicken noodle soup – 860 mg, boxed macaroni & cheese – 500 mg, boxed Au Gratin potatoes – 450 mg, boxed stuffing mix – 420 mg, boxed seasoned mashed potatoes – 400 mg. Baking powder has 1560 mg. per tablespoon (no more biscuits, cornbread, or cobblers)!

Blessed with new life in Jesus Christ by faith through grace believers are victorious!