We continue stedfastly in prayer, and in the ministry of the word.

Acts 6: 4 ASV

Fourteen Percent A Message for Youth

Week of Sunday 7 May, 2017 A.D. (Anno Domini – In the year of our Lord)

• Text: Exodus 20: 8-11 ASV

8 Remember the sabbath day, to keep it holy. 9 Six days shalt thou labor, and do all thy work; 10 but the seventh day is a sabbath unto Jehovah thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy man-servant, nor thy maid-servant, nor thy cattle, nor thy stranger that is within thy gates: 11 for in six days Jehovah made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore Jehovah blessed the sabbath day, and hallowed it.

- Sabbath means seventh day of the week, Saturday. It is also any day set apart for worship, a holy day; which we derive holiday from.
- Every Sabbath is dedicated to intensifying our relationship with God. It is a day for spirituality.
- The first mention of a Sabbath observance was when Jehovah provided manna to feed the Hebrew nation in the wilderness. 26 Six days ye shall gather it; but on the seventh day is the sabbath, in it there shall be none. Exodus 16: 26 ASV

- Christians refer to the first day of the week, Sunday as the Sabbath, the Lord's Day. Jesus resurrected on Sunday and that day is set apart for worship, a holy day dedicated to intensify relationship with God.
- A Sabbath should observe minimum standards:
- Not working for wages, salary, or payment.
- Not competing for awards or recognition.
- Reading and studying scripture or commentary.

- Fellowship with family and friends.
- Attending worship.
- Prayer.
- The Sabbath is opportunity to break from the activities observed six days a week that discourage connection with God and family.
- One day a week, 1/7 is 14.285% of your time.
- Jesus 27 said unto them, The sabbath was made for man, and not man for the sabbath

Mark 2: 27 ASV

 The Bible contains the mind of God, the state of man, the way of salvation. Its doctrines are holy. Its precepts are binding. Its histories are true. Read it to be wise. Believe it to be safe. Practice it to be holy. It contains light to direct, comfort, and cheer you.

 Memory Verse: 3 God blessed the seventh day, and hallowed it. Genesis 2: 3 ASV